



COVID-19 Vaccine:

Myths, Benefits, & Fathers Role in Protecting their Family



What are some things I can do to protect my family?

You can keep your family safe from COVID-19 by wearing a mask in public, washing your hands, and getting vaccinated.

What are the benefits of getting vaccinated?

By getting vaccinated, you decrease the risk of getting very sick and/or dying from COVID-19. You also can protect others who cannot get vaccinated including unborn babies and small children under 5 as they cannot yet get vaccinated. It is also important for your partner to get vaccinated because if she gets COVID-19 during pregnancy, it increases the risk of preeclampsia, preterm birth, stillbirth, NICU admission, and even maternal death.



Was the vaccine rushed?

No, the COVID-19 vaccine was not rushed. The vaccine had been in development for 19 years and has been researched for decades.



Will the COVID-19 vaccine alter your DNA?

No, the COVID-19 vaccine will not change your DNA. The mRNA (Pfizer, Moderna) and the viral vector gene (J&J) in these vaccine do not enter the cell nucleus where our DNA is located.





Will the COVID-19 vaccine affect your fertility?

No. Studies have not shown any evidence that the COVID-19 vaccine can cause infertility in men or women.



Is the vaccine safe during pregnancy?

From one major study of over 35,000 pregnant women who received an mRNA COVID-19 vaccine, there were no safety concerns found for them or their baby. Researchers have also found antibodies from the vaccine in umbilical cord blood and breast milk that offered protection for baby also.

Many professional athletes who are fathers have received the COVID-19 vaccine to protect their families, including:

Lebron James, Stephen Curry, Tom Brady, Cristiano Ronaldo, Lionel Messi, Russell Westbrook, Chris Paul, Giannis Antetokounmpo, and many others.



I know that I was very skeptical about it all, but after doing my research, I felt like it was best suited for not only me, but my family and for my friends. That's why I decided to do it. - Lebron James

I did what was best for me and my family to stay protected. For me, I put everything down and I feel it was the best decision for me to be safe with my kids. - Giannis Antetokounmpo

COVID-19 Vaccinations

Locations

Walgreens, CVS

Call 2-1-1

Text your zip code to 438829

Link to Pregnancy and Breastfeeding COVID-19 Infographic:



nationalhealthystart.org

